

Therapeutic spa treatments at Old Mac Daddy in Elgin Valley

ZENDEN



TREATMENT MENU

FACIAL TREATMENTS

All our treatments are designed for both men and women. Pregnant ladies treatments will be adjusted to ensure a safe and deeply relaxing experience.

DEEP CLEANSE FACIAL TREATMENT | 60 min R 590.00

Congested skin needing a deep cleanse and detox. Then healing and replenishing all that your precious skin needs.

GLOW REPAIR FACIAL | 60 min R 620.00

Increase oxygen and nutrients to your skin, leaving you to step out glowing, smooth and renewed.

ZEN DEN ULTIMATE FACIAL with ELASTIN EYE THERAPY | 60 min R 680.00

Omega and vitamin C rich facial, increases collagen and elastin in the skin. Deep skin rejuvenation while mending sun damaged and thirsty skin. An added Pearl and Crystal Eye Treatment will take those fine lines and tired looking skin back to its youthful, firm radiance.

ALL YOU NEED IS LOVE FACIAL | 90 min R 750.00

- Back exfoliation
- Followed by a muscle release back, neck and shoulder massage
- Organic and natural facial, bringing repair, hydration, collagen and elastin back to the skin. Increasing the skins immune system. Your skin has never felt this soft and silky. Moisture and nutrient levels last for one week.
- Facial balm to take home for maximum hydration

EYELASH TINT/EYEBROW TINT | R 120.00

EYEBROW SHAPE/WAX | R 120.00

MAGICAL MESSAGES

Back, neck and shoulder massage	30 min	R 420.00
Back, neck and shoulder massage	60 min	R 510.00
Full body massage	60 min	R 580.00
Reflexology	30 min	R 390.00
Stress relief scalp and neck massage	30 min	R 390.00

Add your choice of:

Hot stone	R 50.00
Signature aromatherapy blend (Sleep/Anxiety – Uplifting – Immune Boosting)	R 50.00
Deep Tissue	R 80.00

HANDS AND FEET

Manicure	60 min	R 380.00
Pedicure	60 min	R 430.00
Gel Pro polish	10 min	R 250.00
Gel removal	20 min	R 180.00
Silky soft foot peel	20 min	R 80.00
Re-varnish	R 80.00	

WAX IT

Half leg wax/ arm wax	30 min	R 180.00
Full leg wax	60 min	R 220.00
Underarm wax/face	20 min	R 140.00
Lip/chin/brow wax	15 min	R 80.00
Brazillian wax	45 min	R 250.00
Hollywood wax	60 min	R 320.00
Back wax	45 min	R 320.00

PACAKGES

SUNNY SPRING DAY PACKAGE | 2 h R820.00 pp

- 1 x Begin with a cup of Sunshine
- 1 x Grapefruit and jasmine hand and arm therapy
- 1 x Rosemary and lemon back, neck and shoulder massage
- 1 x Pressure point reflexology

Uplifting Package, for anyone needing a "Pick Me Up".
Awakening, feeling fresh and renewed.
Main Ingredients: Bergamot, Rosemary and Marula Oil

GIVE BEES A CHANCE | 2 h R890.00 pp

- 1 x Honeyed bergamot tea
- 1 x Himalayan honey exfoliation
- 1 x Neroli and lavender backpack wrap
- 1 x Glow repair facial

Pure skin bliss. Hydrating and glowing skin.
Main Ingredients: Beeswax, honey, neroli and rosehip oil.

LIFE BEFORE COLOUR | 2 h R820.00 pp

- 1 x Detox tea
- 1 x Lymphatic full body massage
- 1 x Black salt exfoliation
- 1 x Red clay and pine backpack wrap

Detox, cleansing of the skin from the outside in.
Main Ingredients: Activated charcoal, red kaolin, peppermint and lemon

SECRET LIFE OF PLANTS | 3 h R1100.00 pp

- 1 x Hibiscus and moringa tea
- 1 x Zen Den ultimate facial
- 1 x Back, neck and shoulder massage
- 1 x Secret plant back wrap
- 1 x Pressure point foot massage

Anti-ageing, skin revival, skin damage repair.
Main Ingredients: Hibiscus, moringa, chamomile, rose and CBD oil

ZEN DEN METAMORPHOSIS | 3 h R1100.00 pp

- 1 x Chamomile and lavender tea
- 1 x Neroli and chamomile full body massage
- 1 x Stress release scalp and neck massage
- 1 x Hot stone reflexology
- 1 x Pressure point facial massage – deep hydration

Deep relaxation, deep sleep, shock, stress and anxiety.
Main Ingredients: Neroli, chamomile, lavender and maracuja oil (passionflower)



SPA POLICIES

- Cancellation notice needs to be given 24 hours in advance, 50% of the treatment fee will be charged if adequate time is not given to the spa
 - Late arrival will result in a reduction of treatment time
 - The right of admission is reserved
 - Please switch off your cell phone, or put them on silent for the respect of other clients and therapists
- In room treatments can be arranged with 12 hour notice, a surplus of R100 extra will be charged
- Now you can relax, enjoy and let the stress and tension melt away...