

ZENDEN



TREATMENT MENU

FACIAL TREATMENTS

All our treatments are designed for both men and women. Pregnant women's treatments will be adjusted to ensure a safe and deeply relaxing experience.

DEEP CLEANSE FACIAL TREATMENT | 60 min R 550.00

Congested skin needing a deep cleanse and detox? Then this healing and replenishing treatment is all that your precious skin needs.

GLOW REPAIR FACIAL | 60 min R 590.00

Increase oxygen flow and nourish your skin, leaving you with those glowing, smooth and renewed feels.

ZEN DEN ULTIMATE FACIAL with ELASTIN EYE THERAPY | 60 min R 680.00

Omega and Vitamin C rich facial increases collagen and elastin in the skin. Enjoy deep skin rejuvenation while mending sun-damaged and thirsty skin. An added Pearl and Crystal Eye Treatment will remove those fine lines and rejuvenate tired looking skin back to its youthful, firm radiance.

ALL YOU NEED IS LOVE FACIAL | 90 min R 750.00

- Back exfoliation
- Followed by a muscle release back, neck and shoulder massage.
- Organic and natural facial bringing repair, hydration, collagen and elastin back to the skin. Increasing the skin's immune system. We guarantee your skin has never felt this soft and silky. Moisture and nutrient levels last for one week.
- Facial balm to take home for maximum hydration

EYELASH/EYEBROW TINT | R 120.00

EYEBROW SHAPE/WAX | R 120.00

MAGICAL MASSAGES

Back, neck and shoulder massage	30 min	R 380.00
Back, neck and shoulder massage	60 min	R 450.00
Full body massage	60 min	R 550.00
Reflexology	30 min	R 320.00
Stress relief scalp and neck massage	30 min	R 320.00

Add your choice of:

Hot stone	R 50.00
Signature aromatherapy blend (Sleep/Anxiety - Uplifting - Immune Boosting)	R 50.00
Deep Tissue	R 80.00

HANDS AND FEET

Manicure	60 min	R 320.00
Pedicure	60 min	R 390.00
Gel Pro polish	10 min	R 200.00
Gel removal	20 min	R 120.00
Silky soft foot peel	20 min	R 80.00
Re-varnish	R 80.00	

WAX IT

Half leg wax/ arm wax	30 min	R 180.00
Full leg wax	60 min	R 220.00
Underarm wax/face	20 min	R 140.00
Lip/chin/brow wax	15 min	R 80.00
Brazillian wax	45 min	R 250.00
Hollywood wax	60 min	R 320.00
Back wax	45 min	R 320.00

PACAKGES

SUNNY SPRING DAY PACKAGE | 2 h R720.00 pp

- 1 x Begin with a cup of Sunshine
- 1 x Grapefruit and jasmine hand and arm therapy
- 1 x Rosemary and lemon back, neck and shoulder massage
- 1 x Pressure point reflexology

Uplifting Package, for anyone needing a "Pick Me Up".
Awakening, feeling fresh and renewed.
Main Ingredients: Bergamot, Rosemary and Marula Oil

GIVE BEES A CHANCE | 2 h R820.00 pp

- 1 x Honeyed bergamot tea
- 1 x Himalayan honey exfoliation
- 1 x Neroli and lavender backpack wrap
- 1 x Glow repair facial

Pure skin bliss. Hydrating and glowing skin.
Main Ingredients: Beeswax, honey, neroli and rosehip oil.

LIFE BEFORE COLOUR | 2 h R790.00 pp

- 1 x Detox tea
- 1 x Lymphatic full body massage
- 1 x Black salt exfoliation
- 1 x Red clay and pine backpack wrap

Detox, cleansing of the skin from the outside in.
Main Ingredients: Activated charcoal, red kaolin, peppermint and lemon

SECRET LIFE OF PLANTS | 3 h R920.00 pp

- 1 x Hibiscus and moringa tea
- 1 x Zen Den ultimate facial
- 1 x Back, neck and shoulder massage
- 1 x Secret plant back wrap
- 1 x Pressure point foot massage

Anti-ageing, skin revival, skin damage repair.
Main Ingredients: Hibiscus, moringa, chamomile, rose and CBD oil

ZEN DEN METAMORPHOSIS | 3 h R950.00 pp

- 1 x Chamomile and lavender tea
- 1 x Neroli and chamomile full body massage
- 1 x Stress release scalp and neck massage
- 1 x Hot stone reflexology
- 1 x Pressure point facial massage - deep hydration

Deep relaxation, deep sleep, shock, stress and anxiety.
Main Ingredients: Neroli, chamomile, lavender and maracuja oil (passionflower)



SPA POLICIES

- Cancellation notice needs to be given 24 hours in advance, 50% of the treatment fee will be charged if adequate time is not provided
 - Late arrival will result in a reduction of treatment time
 - Right of admission is reserved
- Please switch off your cell phone, or switch to silent mode for the respect of other clients and therapists
- For staying guests, in-room treatments can be arranged with 12-hour notice; a surplus of R100 extra will be charged
- Now relax, enjoy and let the stress and tension melt away